



Time and Talents 2018

THANK YOU for investing your time, talent and treasure in God's Dream at CPU. We recognize and honour the time and talent you have given to Cedar Park United over the years.

We have heard that some people feel frustrated at not being able to volunteer as much as they did in the past. We're including our time and talent form as a reminder—and reassurance—of the many little ways folks are helping out at Cedar Park United. We are blessed with a growing congregation, eagerly sharing their gifts. We invite you to participate whenever and however feels comfortable.

As a time and talent pledge for 2018, may we ask you to continue to pray for our ministries?

Administration: *accounting, filing, folding bulletins, phoning, shredding, stuffing envelopes, ...*

Celebrating: *servicing communion, baking cakes, leading games, ...*

Creativity: *acting, art, crafts, displays, photography, graphic design, knitting, sewing,*

Hospitality: *cooking, baking, shopping, washing dishes, welcoming, Sunday Connection Time serving and clean-up, serving at funeral receptions or Coffee House or other church events, leading cooking classes, childcare, rocking babies, ushering,*

Listening: *as a concerned friend, to concerts, to guest speakers,*

Music: *attending concerts, singing, playing the _____,....*

Participating: *in discussion groups, ministry teams, project teams, workshops, worship planning,...*

Praying: *praying for the sick, praying to support minister/ministries, creating prayers for worship, monitoring Wednesday Prayer Time,*

Reaching Out: *through F4, Mini Connections, Healing Pathway or Morning Connections, to newcomers at worship and Sunday Connection Time, mentoring, visiting those who cannot attend worship, hosting occasional small groups at home, ...*

Repairs and Maintenance: *decluttering, fixing, gardening, planning, plumbing, weeding,...*

Sharing: *faith or special skills with children, youth, young adults, adults, seniors,*

Social Justice: *writing letters, liaising with social justice partners, supporting projects, ...*

Technology: *operating A/V system, creating PowerPoints, social media management, tech support, videography & video editing, website management, podcasting, Hub Ambassador/trainer...*

Transportation: *driving people to or from worship, to programmes, to medical appointments, to grocery shop, making deliveries,*

Writing: *web content, press releases, grant applications, editing,*

Name: _____ Phone Number: _____

To register for any programmes or activities, please contact Elizabeth Chown Lafrenière in the church office at 514 695-3337. If you need transportation, please let us know.